

HOW DO YOU CAST AND READ RUNES?

Much like reading tarot cards, there is no absolute right or wrong way to read and cast runes. The method I use here is my preferred method, but you can modify it in any way that works best for you and allows you to connect the most with the runes.

1. Start by finding a quiet place to focus and relax. Close your eyes, take a few breaths in and out, and think of your question or topic.

2. Lay out a small cloth, known as a rune cloth, to place the runes on top of. Without looking, pick runes at random from your bag of runes and place them in a certain spread to interpret their meanings. There are many spreads (or layouts), and below are some of the most commonly used spreads.

Three Rune Spread / Three Rune Casting

Draw 3 runes at random from the bag and place them in a line left to right so that rune 1 is on the left, rune 2 is in the middle, and rune 3 is on the right. This spread can be used to gain insight into a specific situation that is happening now (the situational spread) or to learn about the past, present, and future.

Three Rune Spread



Situational Spread

Rune 1 is the present situation

Rune 2 is the obstacle or challenge

Rune 3 is a possible outcome

Past, Present, Future Spread

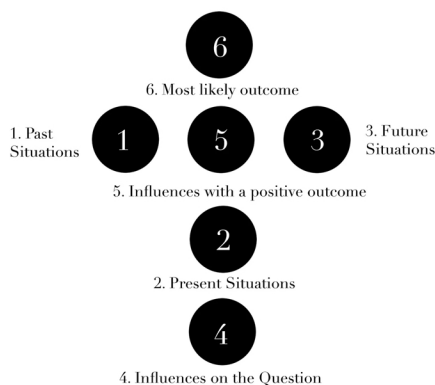
Rune 1 is the past

Rune 2 is the present

Rune 3 is the future or outcome

Runic Cross Spread / Runic Cross Casting

Runic Cross Spread



Runic V Spread

